

APPENDIX 7
PRIOR AUTHORIZATION
PSYCHOTHERAPY ATTACHMENT (PA/PSYA)

MAIL TO:
E.D.S. Federal Corporation
Prior Authorization Unit
Suite 88
6406 Bridge Road
Madison, WI 53784-0088

PA/PSYA

PRIOR AUTHORIZATION
PSYCHOTHERAPY ATTACHMENT

1. Complete this form.
2. Attach to PARF (Prior Authorization Request Form)
3. Attach physician prescription.
4. Attach additional information if necessary.
5. Mail to EDS

RECIPIENT INFORMATION

(1)	(2)	(3)	(4)	(5)
<div>Recipient Last Name</div>	<div>Im First Name</div>	<div>A MI</div>	<div>1234567890 Medical Assistance Identification Number</div>	<div>26 Age</div>

PROVIDER INFORMATION

(6)	(7)	(8)	
<div>I.M.Performing Performing Provider Name</div>	<div>87654321 Performing Provider #</div>	<div>XXX-XXX-XXXX Performing Provider's Telephone Number</div>	<div>MSW MS MD PHD DO PSYCH Other: _____ Discipline (circle one)</div>
(9)	(10)	(11)	(12)
<div>I.M.Supervising Supervising Provider's Name</div>	<div>98765432 Supervising Provider's Number</div>	<div>I.M.Prescribing Prescribing Provider's Name</div>	<div>12345678 Prescribing Provider's Number</div>

- A. Diagnosis: Axis I: a)major depression, recurrent, in partial remiss-b)adjustment disorder with depressed mood
Axis IV: 1 2 3 4 5 6 7 8 9 0 (optional)
ion 296.35
Axis V: (past year) 50
Axis II: rule out (optional) Highest GAF past year: 75
Historonic Personality disorder
Axis III: Seizure disorder
- B. Date Treatment Began: 09/18/93 with this provider
- C. Diagnosed By: ☒ Clinical Exam ☐ Psychological Testing ☒ Other (specify): MAST Hookings Symptom Checklist 90
- D. Consultation: ☒ Yes ☐ No Did consultant see recipient? ☒ Yes ☐ No
- E. Result(s) of Consultation: Medication & assessed for ability to progress in psychotherapy which was seen as positive.
- F. Presenting Symptoms: Insomnia, energy, suicidal ideation, history of 1 attempt 2 yrs ago, much guilt and self reproach.
Severity: ☐ Mild ☒ Moderate ☐ Severe
- G. Is the recipient's intellectual functioning significantly below average? ☐ Yes ☒ No
- H. If yes to "G", what is the recipient's IQ score or intellectual functioning level? N/A
- I. Historical Data. Give relevant social and school history including development (if under 18), treatment history, past mental status, diagnosis(es), etc. (attach additional sheets if necessary): Im is from a step-family home with the step-father being "alcoholic". She was 14 yrs old when her step-brother committed suicide. Reported history of physical and sexual abuse in family of origin. Long history of depressed mood. Diagnosed as having major depression 1 yr ago when hospitalized at Anytown Hospital in Anytown, WI (12/03/92-12/31/92). No further treatment history. Seeking out help at this time due to husband being accused of abusing her 3 children. At time hospitalization, reported being very suicidal & having some auditory hallucinations. Denies AODA usage. Currently well-groomed, pleasant, no signs of psychomotor retardation. Thought and speech intact. Very tearful. Admits to suicidal thoughts; no plans. Oriented in all spheres. (See attached intake summary sheet for additional history.)

- J. Present GAF (DSM): 50 Is the recipient progressing in treatment? ☒ Yes ☐ No
If "no", explain:
- K. Present mental status/symptomatology (include progress since treatment was initiated, or since last authorization):
Since treatment started 4 wks ago, recipient is able to sleep most of the night. Continues to be tearful & hurt about abuse situation. Having more energy to care for self. Some lack of appetite continues. Periods of anxiety are often noted.
- L. Updated/historical data (family dynamics, living situation, etc.):
Recipient is considering divorce. Still separated at this time. Recipient's 3 children live with her and this has increased stress. We will begin to see her with children on an as needed basis.
- M. Treatment Modalities: ☒ Psychodynamic ☐ Behavior Modification ☐ Biofeedback
☐ Play Therapy ☐ Other (specify): _____
- N. Number of minutes per session: Individual: 60 Group: _____ Family: 60
- O. Frequency of requested sessions: ☐ monthly ☒ once/week ☒ ^{as needed} twice/month ☐ other (specify): _____
- P. Total number of sessions requested: 13 6 Family
- Q. Psychoactive Medication: ☒ Yes ☐ No Has there been a medication check in the past three months?
☒ Yes ☐ No
- Names and dosage(s): Desipramine 150 mgs b.s. and 200mgs Dilantin for seizure disorder (total daily dose)
- R. Rationale for further treatment:
1. Continues to have many life stressors (i.e. separation, child abuse, etc.)
2. Ongoing mild suicidal risk.
3. Beginning to explore own decisions around divorce with these stressors.
4. Therapy is essential to prevent hospitalization again.
- S. Goals/objectives of treatment:
1. Continue to support & monitor mood; promote a positive self-image.
2. Continue to help in dealing with stress thru teaching cognitive as well as relaxation techniques for stress management.
3. Increase self-awareness of own past abuse and its relationship to current reality. 4. Begin to help with parenting skills.
- T. What steps have been taken to prepare recipient for termination of treatment:
Have referred recipient to on-going self-help group to deal with past issues around family alcoholism. It is too early to start termination process at this time; however, we have discussed the time limited nature of the psychotherapy and have set a goal of terminating in 6 months.
- U. Do you see other family members in a separate process? If yes, give rationale for seeing multiple family members:
No, not at this time. A family session for diagnostic purposes is planned in the near future.

J M Perkomings

Signature of Performing Provider

Recipient Signature (optional)

J M Supervising

Signature of Supervising Provider

MM/DD/YY
Date

*The provision of services which are greater than or significantly different from those authorized may result in non-payment of the claim(s).